Permission to Feel
Marc Brakett
Book Study
1 Licensure Credit
1-3p Tuesdays & Thursdays
July 11th-July 27th
This one credit course will explore Emotional Intelligence (EQ), and how it helps us, and our students, achieve wellbeing and success!

Restorative Practices Workshop
1-3p Tuesdays & Thursdays
June 7 - June 30
Come learn about restorative practices in the classroom. This workshop will end with an action plan for you to use day one next school year!

Educator Wellness Retreat
Marriott Downtown
Friday July 22 - Sunday July 24
This is time to focus on YOU! Using MHTTC's Adult Resilience Curriculum, we will look at your values, self care coping skills, and develop a wellness plan for you to use after the retreat is done!

Lunch and Learns
Facebook Live
Every Wednesday
June 8 - August 3  12:00-12:30
Short, informal, and interactive sessions that focus on Basic School Mental Health Tier 1 strategies. Each session will have a focus, but will be open for attendees to ask questions.

For more Information please visit pleasepassthe lov e.org