PLEASE PASS THE LOVE COFFEE POP-UPS!

Have a cup of coffee and chat with Alex Rohn, LMHC about a variety of topics surrounding your child’s mental health. Resources and materials will be available. Come and go as you please!

**June 09**  
The Slow Down (6th Ave)  
**How to talk to your child about mental health**  
8-10 am

**June 23**  
Smokey Row (Cottage Grove)  
**Anxiety in Youth: What it is and what you can do**  
7-9 am

**July 07**  
The Slow Down (6th Ave)  
**Navigating the mental healthcare system**  
8-10 am

**July 21**  
Smokey Row (Cottage Grove)  
**How to raise resilient kids**  
7-9 am

Questions? Email alex@pleasepassthelove.org